

# Environmental Sustainability SUS-01

A Quality Improvement discussion

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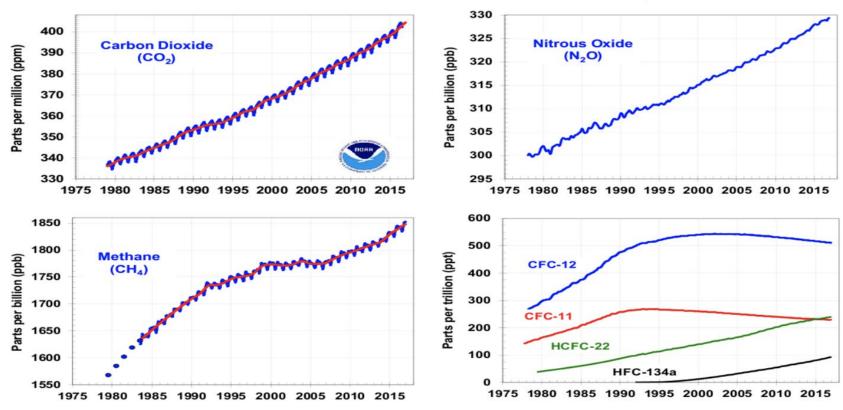
No financial disclosures

# What impact does anesthesia have on the environment?

- Modern healthcare is a leading producer of environmental pollutants.
  - Responsible for 10% of national greenhouse gases.
- Scavenged volatile agents are vented out the back or top of facilities.
  - Remain in the atmosphere for years.
    - Sev (1.1y), Iso (3.2y), Des (14y), N<sub>2</sub>O (114y)
- 1 hr of sevo = driving a modern car 30 miles.1
- 1 hr of des = driving a modern car 230 miles.1



#### Atmospheric concentrations of major GHGs



What impact does anesthesia have on the environment? 2.0x10<sup>5</sup>7

- GWP (Global Warming Potential) represents the
  (1) ability of a gas to trap heat combined with its
  (2) atmospheric lifetime and its (3) infrared absorption.
- Used to calculate CO<sub>2</sub> equivalencies over 20 years (CDE<sub>20</sub>)
- Anesthetic gases<sup>2</sup>:

| 0 | Sevo  | 349 GWP <sub>20</sub>   | 6,980 g CDE <sub>20</sub>   |
|---|-------|-------------------------|-----------------------------|
| 0 | Des   | 3,715 GWP <sub>20</sub> | 187,186 g CDE <sub>20</sub> |
| 0 | Iso   | 1,401 GWP <sub>20</sub> | 15,551g CDE <sub>20</sub>   |
|   | B.T.* | •                       | 0 17 (1                     |

Nitrous as a carrier worsens Sevo and Iso profiles

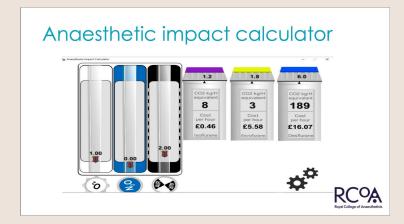
1.0x10<sup>5</sup>· 5.0x10<sup>4</sup> Desflurane Sevoflurane Isoflurane 2.5x10° Air / O<sub>2</sub> 2.0x105-N<sub>2</sub>O 60% ス 1.5x10<sup>5</sup>・ ロ ロ 1.0x10<sup>5</sup>・ 1.0x10<sup>5</sup> 5.0x104-Sevoflurane Desflurane Isoflurane

1.5x105

Ryan, Susan M. MD, PhD\*; Nielsen, Claus J. CSc† Global Warming Potential of Inhaled Anesthetics, Anesthesia & Analgesia: July 2010 - Volume 111 - Issue 1 - p 92-98

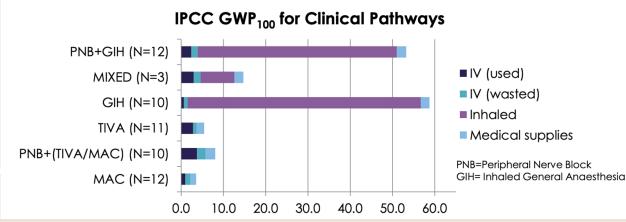
## SUS-01 and beyond

- SUS-01: Mean Fresh Gas Flows  $\leq$  3 LPM between intubation and extubation.
  - Does not take into consideration the type or concentration of gas used
  - Cannot account for benefit of ultra low-flow anesthesia (<1 LPM FGF)</li>
- **SUS-04**: Mean Fresh Gas Flows  $\leq$  2 LPM between intubation and extubation.
  - Significantly harder to achieve than SUS-01
- **SUS-02**: Mean "efficiency" of anesthetic gas usage during maintenance.
  - Each gas measured in total CO<sub>2</sub>E per hour.
  - o Goal: beat 2.58 kg CO<sub>2</sub>/hr.
    - Equivalent to 2% sevo @ 2LPM FGF



- Avoidance of general inhaled anesthesia.
  - o TIVA
  - Regional + MAC
  - Neuraxial
  - WALANT (wide awake, local anesthesia, no tourniquet)

#### CO<sub>2</sub>e of different forms of anaesthesia



- Provider Education & Systems processes
  - Create a culture of stewardship



- Sustainability metrics with cost pairing
  - SUS-01, SUS-02, SUS-04
  - MPOG/ASPIRE tracking

- Specific provider feedback
  - MPOG/ASPIRE reporting



- "Pause FGF" button during intubation
- Ultra low-flow anesthesia during maintenance
  - Low-flow sevoflurane
    - Compound A
    - Package insert: 1LPM for 2h, then 2LPM
  - o "Increase your FiO<sub>2</sub>, overgas your agent"
- Avoid using **nitrous oxide** enriched anesthetics
  - This is the single most impactful contribution
  - Avoid using desflurane unless expected to reduce morbidity/mortality



- Anesthesia Impact Calculator
  - On iOS and Android (Kevin Scott)



- Real-time CO<sub>2</sub>E calculator on-screen
  - o conversion to modern car miles driven
- Scavenging devices
- New tech to destroy waste anesthetic gases

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Topics Facilities Management and Design Technology and Innovation

#### Capturing hospital anesthetic gases



The test unit that captures anesthetic gases at Grand River Hospital, nicknamed Igor.

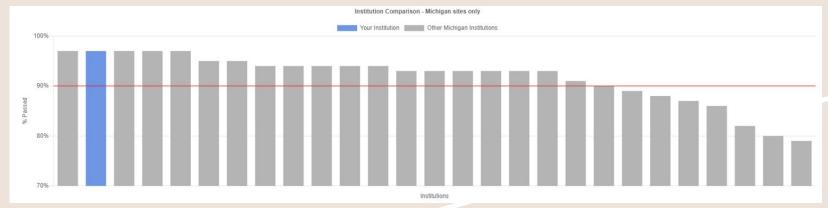


New patented technology developed in Waterloo Region will help battle climate change by capturing anesthetic gases that cause global warming.

Grand River Hospital (GRH) has activated its halogenated drug recovery (HDR) system, developed by Class 1 Inc. of Cambridge. The technology captures waste anesthetic gases exhaled by patients undergoing surgery. The gases are liquefied and stored for future re-processing.

GRH's KW Campus has been the pilot site for the system. Exhaled air from surgical patients is now diverted into specialized equipment in a mechanical room. The anesthetic gases are captured and stored in canisters

# University of Michigan Health West





# University of Michigan Health West

- Culture of stewardship
- Always seeking to improve practice
- High proportion of CAAs in the care team model.
  - Anecdotally ran FGF very low in training
- Historically close relationship with pharmacy
  - Emphasis on keeping costs to a minimum



#### References

- 1. Charlesworth M, Swinton F. Anesthetic gases, climate change and sustainable practice. Lancet Planet Health 2017;1(6):e216-17.
- 2. Ryan, Susan M. MD, PhD\*; Nielsen, Claus J. CSc† Global Warming Potential of Inhaled Anesthetics, Anesthesia & Analgesia: July 2010 Volume 111 Issue 1 p 92-98; doi: 10.1213/ANE.0b013e3181e058d7
- 3. Sherman, Tunceroglu, Parvatker, Sukumar, Dai, Eckelman, Yale University
- 4. https://spec.mpog.org/Measures/Public

### Thanks!

